

ESIC Medical College & Hospital K.K. Nagar Chennai-78
Time Table of Foundation Course for the Undergraduate Medical Education Programme
First M.B.B.S. Academic Year 2024-25
Venue: 250 Lecture Hall, 2nd Floor

Week - 1								
DATE	8-9AM	9-10 AM	10-11 AM	11-12 PM	Lunch 12-1PM	1-2 PM	2-3 PM	3-4 PM
14/10/24	Induction day - Welcome to new MBBS entrant - All			Introduction to first year department - HOD's, Faculty and Hostel		Orientation module: College and Hospital visit, registration for foundation course modules		
15/10/24	Orientation Module: Role of doctors in the society Dr.Vijaya(OBG)	Orientation Module: History of Medicine and alternate systems of Medicine Dr.Jisa George (General Medicine)	Orientation Module : Principles of family practice Dr.Siddharth (Community Medicine)			Orientation Module: Roles of an IMG and its societal impact / various career pathways and opportunities for personal growth Dr.Vijaynath (Forensic Medicine)	Orientation Module: Overview of MBBS curriculum, its structure and outcomes Dr.K.V.Sarala Devi (Anatomy)	
16/10/24	Role of Yoga & meditation in personal health Mr.Sriram Govindarajan (External)	Orientation Module: Role of physician at various levels of Health care delivery Dr.Ilango Ganesan (Anaesthesiology)	Orientation Module: Expectations of students from nation, society, institution, peers, colleagues and patients and vice versa - Dr.Waseem (Community Medicine)			Orientation Module: Rules and regulations of the institution Dr.Pushpalatha (Pediatrics)	Reflecting writing and portfolio management Dr.Byomokesh Patro (General surgery)	
17/10/24	Yoga & meditation - Mr.Sriram Govindarajan (External)	Skills Module: How to perform BLS in skills lab Dr.Nataraj (Anaesthesiology)		Skills Module: To demonstrate proper hand washing and use of personal protective equipment Dr.Mohan Kumar (Anaesthesiology)		Skills Module: Follow Biosafety and Universal precautions Dr.Ravish (Microbiology)	Co-curricular activities (Anatomy)	
18/10/24	Yoga & meditation - Mr.Sriram Govindarajan (External)	Skills Module: How to perform First Aid in a simulated environment Dr.Murugan (Emergency Medicine)		Skills Module: To demonstrate appropriate response to needle stick injuries - Dr.Banumathy (General Surgery)		Skills Module: Safe handling and disposal of Biohazardous materials in a simulated environment Dr.Vigna (Microbiology)	Co-curricular activities (Anatomy)	

19/10/24	Yoga & meditation - Mr.Sriram Govindarajan (External)	Skills Module: Immunization requirements of Health care professionals Dr.Radhika (ophthalmology)	Skills Module: Biomedical waste mngement Dr.Priyavadana (Pathology)		Sports and extracurricular activities Dr.RajaRajan N (Orthopaedic)			
Week -2								
DAY	8-9AM	9-10 AM	10-11 AM	11-12 PM	Lunch	1-2 PM	2-3 PM	3-4 PM
21/10/24	Yoga & meditation Mr.Sriram Govindarajan (External)	(P&E): Significance and methods of Stress management and risk taking behaviour Dr.Ramanujam (psychiatry)	Skills Module: Awareness of significance of Documentation in patient care and proper methods of documentation Dr.Kamalakaran (physiology)			Community Orientation Module: National health goals and policies, National health scenario, demographic, socio cultural and epidemiological issues Dr.Vignesh (Community Medicine)	Co-curricular activities (Anatomy)	
22/10/24	Yoga & meditation Mr.Sriram Govindarajan (External)	(P&E): Significance and appropriate ways of Time management - Dr.Hema (Anatomy)	Community Orientation Module: Health care systems in India (Primary, secondary and tertiary level care), Basic principles of community health and its impact on health and disease Dr.Sudhandhira Kannan (Community Medicine)			Community Orientation Module: Structure and functioning of Community health centre. Obtaining patient experiences and relating to impact of environment and diseases - Dr.Kala (Community Medicine)	Language and Computer Skills Module: Ability to learn and communicate in English Language Mrs.Priya (External) Timing 3-5PM	
23/10/24	Yoga & meditation Mr.Sriram Govindarajan (External)	(P&E): Disability competencies Mrs.Smitha (External)	(P&E): Concepts of Professionalism and Ethics and consequences of unprofessional and unethical behaviour Dr. Meenakshi Sundaram (Pathology)			(P&E): Core values defining the nature of a physician's work - Compassion, altruism, integrity, duty, responsibility and trust Dr.Padmala K (Anatomy)	Language and Computer Skills Module: Ability to learn and communicate in English Language Mrs.Priya (External) Timing 3-5PM	
24/10/24	Yoga & meditation Mr.Sriram Govindarajan (External)	(P&E): Learning Pedagogy and its role in learning skills Dr.Anasuya (Pathology)	(P&E): Process of group learning and group dynamics Dr.Nanda Keerthi (Biochemistry)	(P&E): Significance of working in a health care team Dr.Meenakshi Sundaram (Pathology)		(P&E): Significance of value, honesty, and respect during with peers, seniors and other health care workers and patients. Importance of Interpersonal relationship in a health care team Dr.Chandrakala (physiology)	Language and Computer Skills Module: Ability to learn and communicate in English Language Mrs.Priya (External) Timing 3-5PM	

25/10/24	Yoga & meditation Mr.Sriram Govindarajan (External)	Emotional intelligence - Dr.K.V.Sarala Devi (Anatomy)	(P&E): Understanding the role of mentoring - Dr.Sreenivas (Biochemistry)	(P&E): Understanding and respect of Cultural diversity and interacting with those with different cultural values - Dr.Kothai (General Medicine)		(P&E): Substance abuse, de-addiction and regulations DCP (Narcotics), Chennai - A Mayilvahanan	Co-curricular activities (Anatomy)	
26/10/24	Yoga & meditation Mr.Sriram Govindarajan (External)	Professional Development and Ethics Module (P&E): White coat Ceremony – All the New MBBS Students & Faculty Dr. Sudha Seshayyan Former Vice Chancellor, The TN Dr. M.G.R. Medical University, Chennai. (Guest Speaker)				Sports and extracurricular activities - Dr.Rajarajan (Orthopaedic)		
Week 3								
DAY	8-9AM	9-10 AM	10-11 AM	11-12 PM	Lunch	1-2 PM	2-3 PM	3-4 PM
28/10/24	Yoga & meditation Mr.Sriram Govindarajan (External)	(P&E): Different methods of self-directed learning Dr.Priyavadhana (Pathology)	ICMR STS projects and Research Ethics Dr.Aruna patil (community medicine)			Research - Benefits of engaging in research activity during UG life Dr. Kusuma Naik (OBG)		Language and Computer Skills Module: Ability to learn and communicate in English Language Mrs.Priya (External) Timing 3-5PM
29/10/24	Yoga & meditation Mr.Sriram Govindarajan (External)	(P&E): Collaborative learning Dr.Malathi (ophthalmology)	Realities of medical practise Dr.Shobana (Paediatrics)			Legal aspects of Medicine Dr. Beemsetty Rajesh (Forensic medicine)		Language and Computer Skills Module: Ability to learn and communicate in English Language Mrs.Priya (External) Timing 3-5PM

Signature of DEAN